

Yokohama Threeway: And Other Small Shames



Author:	Beth Lisick
ISBN10:	0872866254
Goodreads Rating:	3.75
Published:	September 24th 2013 by City Lights Publishers
Genre:	Autobiography
ISBN13:	9780872866256
Language	English
Pages:	128

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Peering into life's cringe-worthy moments, best-selling author Beth Lisick excavates territory that most would rather ignore. Funny, odd, deeply personal, yet somehow universal, these are the kind of memories that haunt us all, the small awful moments of shame and humiliation that we'd rather forget than relive. Beth Lisick has made a career of opening her life to her readers in all of its messy, smart hilarity, but this type of story doesn't usually find its way into a memoir. With her trademark humor and sly intelligence, writing in short flashes the way these episodes tend to pop up in memory, Lisick recounts her most embarrassing moments with gusto. From a trick she played on a neighbor thirty years ago to what she accidentally blurted out at last night's dinner party, she explores the bad judgments and free-floating regrets that keep her up at night, and the result is a daring, candid, and wickedly funny collection of embarrassment embraced, the triumph of humor and perspective over everyday mortification.

Writer, performer, and independent film actress Beth Lisick is the author of the New York Times best-selling comic memoir *Everybody Into the Pool* and the gonzo self-help manifesto *Helping Me Help Myself*.