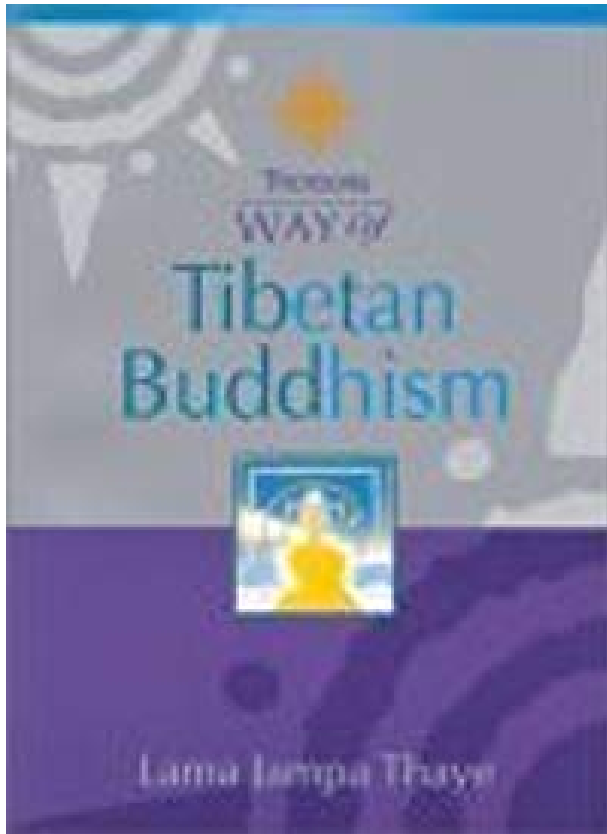


# Way Of Tibetan Buddhism



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This comprehensive introduction contains all the information you need to gain an in-depth knowledge of Tibetan Buddhism, including what Tibetan Buddhism is and how it has developed, an insight into all the basic teachings including Indian, Tibetan and Western practice, the historical background to Buddhism and a summary of the major schools.